

Hospital Bag Check List

For Patient:

- ▶ Primary Care Physician's name & number
- ▶ List of updated medications
- ▶ List of allergies (food & medications)
- ▶ Do Not Resuscitate Paperwork (if applicable)
- ▶ Power of Attorney Paperwork (if applicable)
- ▶ Advanced Directive Paperwork (if applicable)
- ▶ Copies of Insurance Cards
- ▶ Copy of photo ID
- ▶ Change of clothes
- ▶ Toiletries (including eyeglasses/contacts)
- ▶ Extra briefs (ie: depends) or underwear
- ▶ Hand wipes (ie: Wet ones)
- ▶ Reassuring or comforting objects
- ▶ iPod, MP3 player, CD player, earphones
- ▶ Information Sheet

For Caregiver:

- ▶ Change of clothes
- ▶ Toiletries
- ▶ Personal Medications
- ▶ A pad of paper and a pen
- ▶ Sealed snack and water
- ▶ List of allergies (food and medication)
- ▶ Small amount of cash
- ▶ Toiletries (including eyeglasses/contacts)
- ▶ Reminder posted on bag to take cellphone & charger



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Private, Corporate + Family Physicians